



# OMAC

WORLD CLASS  
MARTIAL ARTS

# OMACMARTIALARTS.CA

Phone: (905) 417-7880

1490 Major Mackenzie Drive Unit D1-2 (Yummy Market Plaza)

MON	TUES	WED	THURS	FRI	SAT
3:30 – 6:00PM After School Program	3:30 – 6:00PM After School Program	3:30 – 6:00PM After School Program	3:30 – 6:00PM After School Program	3:30 – 6:00PM After School Program	9:30 – 10:00AM Tiny Tigers All Belts
5:30 – 6:00PM Tiny Tigers All Belts	5:30 – 6:00PM Tiny Tigers All Belts	5:30 – 6:15PM Children's Class White to Yellow	5:30 – 6:15PM Children's Class Orange to Green	5:30 – 6:15PM Children's Class White to Yellow	10:00 – 10:45AM Children's Class White to Yellow
6:00 – 6:45PM Children's Class White to Yellow	6:00 – 6:45PM Children's Class Orange to Green	6:15 – 6:45PM Tiny Tigers All Belts	6:15 – 6:45PM Tiny Tigers All Belts	6:15 – 7:00PM Children's Class Orange to Black	10:45 – 11:30AM Children's Class Orange to Green
6:45 – 7:30PM Children's Class Orange to Green	6:45 – 7:30PM Children's Class White to Yellow	6:45 – 7:30PM Children's Class Orange to Green	6:45 – 7:30PM Children's Class White to Yellow	7:00 – 7:45PM Family Class All Belts	11:30AM – 12:15PM Family Class All Belts
7:30 – 8:15PM Family Class All Belts	7:30 – 8:15PM Family Class All Belts	7:30 – 8:15PM Family Class All Belts	7:30 – 8:15PM Olympic Sparring Class <small>*Black Belt Club Members Only*</small>	7:00 – 7:45PM Elite Weapons Class <small>*Black Belt Club Members Only*</small>	12:15 – 1:00PM Children's Class Purple to Black
8:15 – 9:00PM Children's Class Purple to Black	8:15 – 9:00PM Children's Class Purple to Black	8:15 – 9:00PM Children's Class Purple to Black	8:15 – 9:00PM Children's Class Purple to Black		12:15 – 1:00PM Teen/Adult Class
8:15 – 9:00PM Teen/Adult Class	8:15 – 9:00PM Teen/Adult Class	8:15 – 9:00PM Teen/Adult Class			<b>A+ After School Martial Arts Program</b>

IF YOU ENJOY OUR PROGRAM, INVITE YOUR FRIENDS & FAMILY TO OMAC TO RECEIVE A \$50 GIFT CERTIFICATE